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WINTER 1986

OFFICIAL PUBLICATION OF THE CANADIAN CAMPING ASSOCIATION

L'ASSOCIATION DES CAMPS DU CANADA – PUBLICATION OFFICIELLE

Camping

FROM THE PRESIDENT

Jay Haddad, we salute you! For four and a half years Jay Haddad edited this magazine in a volunteer capacity with dedication, integrity and creativity.

The calibre of writing, the thought provoking approach to camping issues, and the quality of the magazine itself served the Canadian Camping Association well.

Few of us realize the work that goes into an issue of this magazine - writing, editing, chasing articles, proof reading and pasting up. Jay always worked quietly behind the scenes to produce a truly impressive magazine.

Jay is now retiring as editor, and we thank him for his outstanding contribution to Canadian Camping.

Janet Adamson

UN MOT DE LA PRÉSIDENTE

Aujourd'hui je rends hommage à Jay Haddad qui, pendant quatre ans et demie, a oeuvré au sein de notre Association comme directeur en chef de ce magazine en faisant preuve constante de dévouement, d'intégrité et de créativité.

La qualité des articles sur la vie de camp, les pensées profondes qui s'en dégageaient et la présentation du magazine dans son ensemble ont servi au mieux les intérêts de notre Association.

Peu d'entre nous se rendent compte du travail que représente la préparation de ce magazine: trouver les sujets, écrire, obtenir des articles, corriger les épreuves, préparer la mise en page et encore. Jay a toujours travaillé dans l'ombre, animé du désir de concevoir un magazine de qualité.

Il se retire comme rédacteur en chef de notre magazine et je tiens à le remercier au nom de tous du merveilleux travail qu'il a accompli pour l'Association des Camps du Canada.

NEWS FROM THE CCA EXECUTIVE COMMITTEE

CCA's reorganization is going well. All of our committees except two are formed and doing very effective work. Here is news of several of those groups:

The Publications Committee - under the leadership of Nancy Barker, of Camp Gay Venture in Ontario, is promoting book sales at a great rate with many new innovative ideas.

The National Conference and Workshop Committee headed by Glenn Barned in New Brunswick is formed and ready to get plans underway for national workshops.

The Newsletter under the Communications Committee will be the responsibility of a group from Camp Tawingo. This edition of the magazine is a transitional issue. With the Spring issue we will have a "new look" that promises to be most exciting.

The Publicity Committee is hard at work. A new pamphlet promoting camping will be distributed in early February to all provincial associations for wide distribution to parents of camp age children.

More news of CCA's work will follow in the Spring edition.

NOUVELLES DU COMITÉ EXÉCUTIF DE L'ACC

La restructuration de l'ACC va bon train. Tous les comités, sauf deux, sont maintenant formés et bourdonnent d'activité. En voici un compte rendu:

Le comité des publications, sous la direction de Nancy Barker, a mis au point des idées innovatrices pour promouvoir la vente des livres sur une grande échelle.

Le comité du Congrès national et des ateliers, sous la direction de Glenn Barned du Nouveau-Brunswick, est maintenant formé et prêt à organiser des ateliers pour tous.

Le bulletin d'actualité que publiera le comité des communications sera préparé par une équipe du Camp Tawingo. Notre magazine subit présentement une transition; il vous sera présenté au printemps sous une nouvelle formule et promet d'être des plus intéressants.

Le comité de la publicité a déjà mis la main à la pâte. Il a conçu un nouveau dépliant qui vise à promouvoir la vie de camp. Les associations provinciales en recevront des quantités au début de février pour distribuer aux parents qui ont des enfants en âge d'aller au camp.

Nous vous donnerons d'autres nouvelles de l'ACC dans notre numéro du printemps.

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PREPARATION OF NEW CAMPERS AND PARENTS OF NEW CAMPERS

by: Jan James – Edmonton, Vice-President CCA/ACC

This year will see an unprecedented number of camping programs for children. There is much preparation time given to counsellors, sites and programs but one group often feels ill prepared for camp: the parents of new campers.

An informal meeting can be arranged that will allow you, as the Camp Director, to ask the following questions of parents which they should answer for themselves[2]: (a) Are they ready for their children to leave home? (b) Do they trust their child? (c) What fears do they have for their child leaving home? (d) Is their child ready to leave home? (e) Is the child physically prepared for the demands of the program being offered?

It's one thing for the parents to be ready for the child to leave home and another thing completely for the child to be ready to leave the parents.

In order to help the child be ready for such an experience there are a number of things that the PARENTS can be encouraged to do:

PRE-CAMP

1. They can explain some of the idiosyncrasies of their children to camp staff.
2. They can prepare the children to make their own beds, carry out simple housekeeping chores, etc.
3. They should be encouraged to talk positively about camp at all times[2].
4. They should be warned not to discuss homesickness[2] as this can often increase anxiety in the child.
5. They should be asked if their child can take care of him/herself. Preventative health care is important.
6. They should know that camp will enforce the table manners and personal grooming habits that it thinks they have been taught at home. (This often helps parents appreciate your objectives as they see you appreciate theirs).
7. They should talk to their children about such subjects as space, darkness, noise, etc. in the country or wilderness areas as compared to the city environment with which they are more familiar. Parents should also make children aware that differences in others give them a uniqueness even as they are unique. The proposed living situation may not be familiar and hence campers should be prepared with realistic expectations.
8. They should realize it is important for children to recognize their own clothes, and in order to do that, familiar and labelled clothes are the best ones to send with them. They need to be soft clothes, and appropriate for the activities to be undertaken.
9. They should realize that it is good experience for children to practise living out of a suitcase at home for a week, and if campers help to pack their own suitcase they will know where things can be found in it.[1]
10. They should be assured that their child will be sharing living spaces and/or activities with at least one friend.
11. They should realize that on parting day farewells often show the feeling that parents have for their children and vice versa. Parents should be warned not to embarrass their children in front of their peers.

DURING CAMP

12. Campers are usually encouraged to write home regularly. They also appreciate regular letters from home. The parents' letters should be cheerful and light, not mentioning how much the camper is missed at home! Parents should avoid writing too enthusiastically about a family trip, the fun the family is having while the child is at camp or other nostalgic news. The content of the letter should centre around what fun it must be at camp, the many new skills being learned and all the new friendships being made.
13. Those camps offering Visitor's Days can prepare parents by encouraging them to apply the same principles used when writing letters. It is very important for the child to know whether or not the parents will be visiting. The camper can then plan his/her day accordingly. When the parents do visit, they should remember that it is a day during which the camper can "show off" the camp, the crafts, the counsellor and the friendships which have been filling the camper's stay. If a camper is feeling homesick, then the camp and the parents may need to discuss a strategy for dealing with the return to normal camp routine once the parents have left.

POST-CAMP

14. After camp, the parents should recognize the child's achievements – even small ones.[2] Achievements such as bringing all their clothes back, carrying on a conversation around the dinner table, sharing with the family experiences they have had. Have the parents encourage the child to talk about camp and to nurture and develop the improvements they see in behaviour and attitudes. Remember, a little praise goes a long way. Improvements or changes in behaviour and attitude don't always appear as soon as the child gets home. They are demonstrated at the appropriate time as seen by the child.
15. Upon a child's return after an absence of any length, the child needs to be assured of his place within his family again.[3] Parents will find he will need a little more of their time as he has much to tell them.

Close the parents' meeting with some very specific advice that applies to your situation and the idea that the things that need most attention often get the least thought. *Their youngster is leaving home and that's often the start of a growing separation program for life and this needs to have a firm foundation if it is to be effective.* Of course, finish the time with questions. Try to answer all questions to the best of your ability. Include in your presentation, probably near to the beginning, any visuals (slides of the area, accommodation,...) that will help the parent to understand just where their child is going and what it is he/she will be doing.

Be available to parents and a vast resource will open up to you.

REFERENCES

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2. American Camping Association. *Preparing Your Child for Camp.* Gerard A. Harrison, Chairma, ACA Publications Committee, Indiana.
3. Mead, Margaret. *How Summer Camp Changes a Child.* Redbook Magazine, August 1971.

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Cover: Archives Photo; Sherwood Forest Camp, 1957

NORTHERN DELTAS
OASES FOR WILDLIFE
peace-athabasca ... slave ... mackenzie

> Within the last three decades, destruction of wildlife habitats in southern Canada has accelerated. For example, 88% of the southern Ontario wetlands, 60% of the St. Lawrence River estuary marshes, 70% of the Fraser River marshes and 65% of the Maritime's tidal marshes have been lost to development. On the prairies, nearly 1.2 million hectares (3 million acres) of natural slough and marsh have been eliminated by intensive agriculture. Will our northern deltas be the next to go?
>
> Wetlands are essential habitat for waterfowl and many other migratory birds, as well as aquatic mammals and often fish. These renewable resources make a valuable contribution both to our economy and quality of life.
>
> Annual Report 1982-1983.
> Environment Canada

The Canada Wildlife Service has produced two excellent two-sided posters depicting the interrelationships between the water levels, birds, fish, and mammals in the Peace-Athabasca, Slave and Mackenzie deltas. Photographs and diagrams compare the ecology on different parts of the active delta, including the wildlife which inhabits each area.

This publication can help you to instill appreciation and awareness of the sensitive, dynamic balance of life in our northern deltas. It will be especially useful for school environmental education programs, for your camp's wildlife habitat management programs, and to help campers and staff to understand the importance of these northern deltas to their quality of life.

You can order these publications in French or English from:

Communications Branch
Environmental Protection Service
Twin Atria #4, 2nd Floor, 4999–98 Avenue
Edmonton, Alberta T6B 2X3

or by phoning:
Edmonton (403) 468-8075
Regina (306) 780-6002
Winnipeg (204) 949-4819

BETWEEN THE COVERS

Welcome to "BETWEEN THE COVERS". This new CCA magazine department will appear in each issue with an informative book review and with new CCA Book Catalogue additions. It is one of the many ways that the CCA Publications Committee is promoting the CCA Bookstore.

Our first book is Karl Rohnke's *Silver Bullets;* Karl is also the author of *Cow's Tails and Cobras* and several other publications. *Silver Bullets* thrives on the element of risk taking (primarily perceived risk) and the goal of trust building. If you have some individuals that you would like to see working together as a group, try any one of these 166 activities.

Silver Bullets lays out four important learning goals. First, the aim is to increase the participants' sense of personal confidence. Secondly, the assumption is that anyone who conscientiously makes an effort will be respected, thus, mutual support within the group will increase. Thirdly, a number of exercises and games develop an increased level of agility and physical coordination. And finally, the most important goal is to ensure that everyone has fun. This will develop an increased joy in one's physical self and in being with others.

Geared especially towards the young adult, this well organized book gives camp staff a quick method of identifying an appropriate activity through the use of symbol codes. The symbols represent the space needed, materials to have at hand and the activity level planned for the group. Amusing pictures and illustrations complement this lively book.

This thorough guide to initiative problems, adventure games and trust activities encourages participants to break down the artificial barriers between them. They are bound to learn more about themselves and group behaviour.

Silver Bullets
Project Adventure, 186 pp., 1985
Cost: $20.60 (members)
$24.70 (non-members)

Books listed in "Between the Covers" are available from the Canadian Camping Association Bookstore. To order, contact the CCA/ACC office by mail or telephone:

Canadian Camping Association
Suite 2
1806 Avenue Road
Toronto, Ontario
M5M 3Z1
416-781-4717

NEW CCA BOOK CATALOGUE ADDITIONS:
(Prices in brackets are for non-members)

I. SERIE "UN CAMP A FAIRE"
A) MANUEL DE GESTION
1. Aspects généraux de l'administration
$5.00 ($7.00)
2. Gestion des ressources humaines
$5.00 ($7.00)
3. Gestion des programmes
$5.00 ($7.00)
4. Gestion des equipements
$5.00 ($7.00)
5. Gestion financière
$5.00 ($7.00)

B) 1. Évaluation du rendement
$3.00 ($4.20)
2. Les objectifs et le programme
$3.00 ($4.20)
3. La planification des ressources humaines et sélection du personnel
$3.00 ($4.20)

II. Les colonies de vacances d'expression française en Belgique (communauté Wallonie-Bruxelles) et les camps de vacances au Québec.
$5.00 ($7.00)

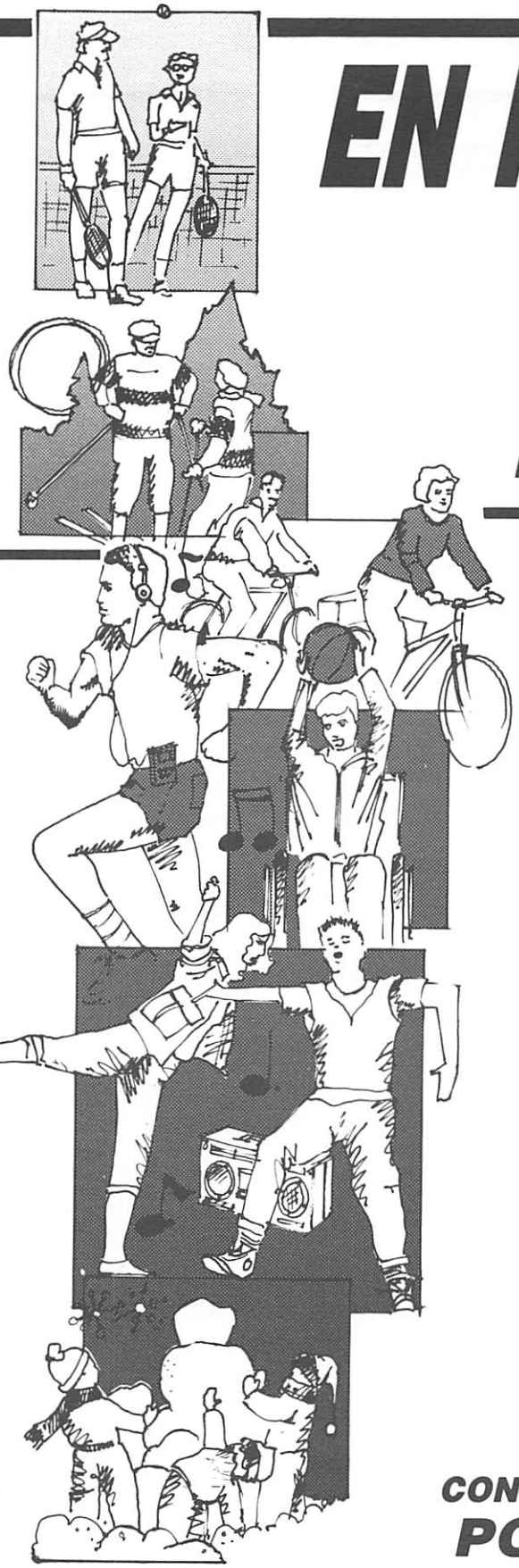
LET'S
SEE YOU
DO IT...
OUTDOORS!

PARTICIPACTION ©

Glen Bernard Camp

FIT FOR LIFE

EN FORME POUR LA VIE



FITNESS MEANS A LIFETIME OF FUN...

From toddling to retirement, you can choose varied physical activities to keep up with your changing interests. Everyone — people of all shapes and ages, all levels of abilities and competitiveness — can get and stay active, for fun and for fitness.

Fitness Canada, in partnership with national sport and recreation associations, provides opportunities for all Canadians to enjoy the benefits of physical activity.

DISCOVER PHYSICAL FITNESS. FOR LIFE.

LA CONDITION PHYSIQUE — UN PLAISIR DE VIVRE...

À partir des premiers pas chancelants jusqu'à la retraite, vous avez le choix d'une gamme variée d'activités physiques que vous pouvez adopter selon vos besoins changeants. Toute personne, quelle qu'elle soit, dans tous les niveaux de compétence physique, peut être active — et le demeurer — tant pour son plaisir que pour des raisons de bonne santé.

Condition physique Canada, en collaboration avec les associations sportives et récréatives, assure à tout Canadien l'occasion de profiter des bénéfices qui découlent de l'activité physique.

DÉCOUVREZ LA CONDITION PHYSIQUE. POUR LA VIE.

Government of Canada
Fitness and Amateur Sport

Gouvernement du Canada
Condition physique et Sport amateur

Canada

PROGRAM NEWS
WE'VE GOT WHAT YOU'RE LOOKING FOR!

It has been four years in the making. "It" is a 3-ring binder stuffed with 400 pages of all-Canadian activities specially developed for camps. *Science Is...* is about science and the outdoors – and camps that have tested the book say "Science Is... fun!"

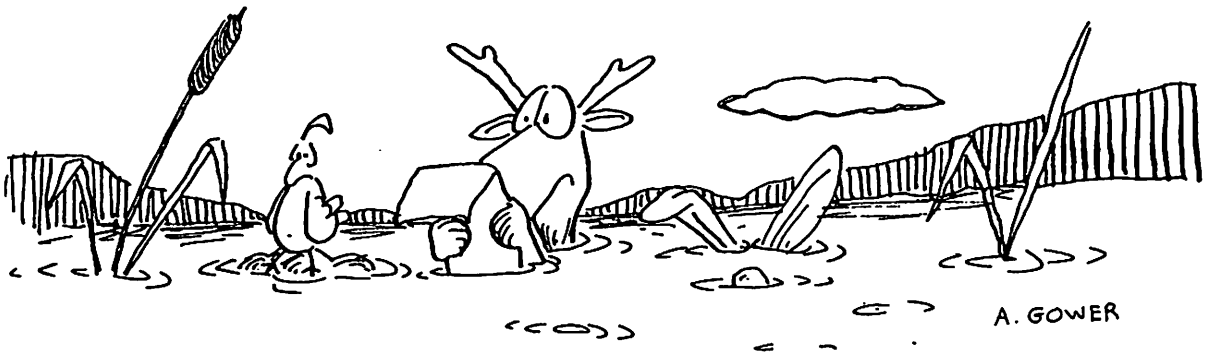
The book contains activities for campers aged 7 to 14 years and is for use by camp staff. YSF spoke with people across Canada, combed through over 500 books, and field tested *Science Is...* to ensure it's both useful and useable. The ten subject areas in the book reflect what people wonder about and what challenges them most: Science Olympics (puzzle activities), Matter & Energy, Humans, Environmental Awareness, Living Creatures, Plants, Rocks, Weather, The Heavens, and Applying Science (what do humans do with all that knowledge out there?). One message that came through loud and clear from camp staff during the book's field test was that staff don't have a lot of time to wade through pages of text and information. They need a book they can flip through quickly and from which they can pick the activities they need at any given time. So, *Science Is...* is organized around three practical sections: Quickies, Make Time, and One Leads To Another. Each major section contains a variety of activities from the ten subject areas.

The book's general sections have been designed for ease of use, as have the activities themselves. Each activity is contained on one page. An activity begins with a one-sentence description to let you know what it's about. The page numbers of good companion activities are noted. The next paragraph contains background facts and information – which are there only if you want or need them. The materials necessary for an activity are then listed, the activity itself is explained in a step-by-step procedure, and the activity is illustrated by a very entertaining cartoon. There's no need for any kind of special background in science; the book is easy to read and contains all the basic information you'll need.

The book is $12.75/copy. It is 400 pages in a 3-ring binder. The binder gives you the flexibility to take out only those sheets you need, to group activities to suit your needs, or to add interesting activities you've developed. *Science Is...* will be available in March, 1986. The YSF is running hands-on workshops to accompany the book. The workshop itself provides dozens of interesting ideas. Watch for the workshop and the book at the next provincial or local camping conference you attend. If you're planning a conference, the YSF can put on one of the most interesting and informative sessions around.

If you'd prefer to write to YSF to order the book, the address is Canadian Youth Science Foundation, 151 Slater Street, 8th Floor, Ottawa, Ontario K1P 5H3. Please enclose $12.75 plus $4.00/copy for shipping and handling.

"Science Is..." just what you're looking for.



CELEBRATE CCA'S 50th BIRTHDAY

WITH AN

ADVENTURE INTO THE PAST

1986 is the CCA's fiftieth birthday. Your camp can take part in the celebration this summer!

All across the country camps will participate by including one or all of the following activities in their programs: - historical journeys

- re-enactment of early camping lifestyles
- ceremonies and theme events

Each participating camp will be recognized with a wall certificate and those camps pre-registering will receive cards for each of their campers.

FOR MORE INFORMATION AND REGISTRATION FORMS CONTACT YOUR PROVINCIAL ASSOCIATION

DOLITTLE FOR CAMPING

by: Gordon C. Allan, Director of Program & Personnel, Camp Nominingue, Quebec

Once upon a time, there lived a king whose name was Rupert. Rupert reigned over a small country known as Dolittle. The country was so-called because its inhabitants usually had little to do. Even Rupert himself found it hard to occupy his time. Other than polishing his crown, or knighting the odd person who happened to save a damsel in distress, Rupert usually spent most of his day twiddling his royal thumbs. Rupert also had to contend with the fact that Dolittle was a rather poor country. The average yearly income of a Dolittler was one sheep, one goat, and two bales of hay. The one exception, however, was Sir Frederick Parkdale. Sir Frederick was the Mayor of Dolittle. Parkdale, unlike most Dolittlers, was a wealthy man. He was wealthy because he owned the biggest and the most beautiful piece of land in the whole country. On this land, Parkdale kept ten pigs, three cows, four chickens, two goats, and one pet dragon. But even Parkdale was not a happy man. He too found Dolittle a dull place to live. Often, Parkdale and King Rupert would sit for hours trying to figure out how they could make Dolittle a happier place to live, but always to no avail.

As the years went by, Dolittlers continued to live in boredom. Then, one year a cold wind blew across the country causing large crop failures. That same year, Sir Frederick took ill and died.

As you might imagine, the Dolittlers were in an awful state of affairs. They had lost many of their valuable crops that were to provide their livelihood, and they had also lost their good friend, Sir Frederick.

King Rupert decided to call an emergency round table meeting to discuss Dolittle's grave situation. The large clock in the centre of Dolittle's main square ticked away as the emergency meeting continued through the day, right through the night, and almost through the morning of the next day. Then, at 11:00 a.m. the following morning, King Rupert sent the Town Crier through the streets of Dolittle to inform all Dolittlers that the King would be giving a very important address to the nation at 1:00 p.m. Eastern Dolittle Time.

By 12:30 p.m., the Dolittlers had congregated in front of King Rupert's palace to hear his very important address. As the clock in Dolittle's square chimed one o'clock, the windows at the top of the palace wall opened and King Rupert walked out on the balcony: "Friends, neighbours, Dolittlers", he began. "As you have already gathered, our country is in the midst of a major crisis. We have lost many of our crops and, of course, our good friend Sir Frederick Parkdale. While it is likely that we have enough food to make it through the year, I fear that many of you will die from boredom unless something can be done to make Dolittle a more interesting place to live. It should, therefore, interest you to know that our dear departed friend, Sir Frederick, has stipulated in his will, that his land with its ten pigs, three cows, four chickens, two goats and one pet dragon, shall be donated to the town of Dolittle on the condition that it will be used to make Dolittle a happier place."

The crowd cheered, and the king continued. "I am therefore offering two bags of gold to the Dolittler who can provide the best use for Sir Frederick's land. The contest will be open for one month after which time I will call another round table meeting to decide upon a winner."

As the days went by in Dolittle, Dolittlers began writing down their ideas for the use of the land. The contest was the talk of the town. Everyone seemed to have the definitive use for Parkdale's land. Some proposed that it be used to grow more crops. Others suggested that it could be made into a bird sanctuary, while still others felt strongly about it being used for grazing the town's animals.

As the last day of the month neared, the king had received an entry from every Dolittler except one. The one exception was Simon Carsdale, the town teacher. In fact no one in the town could recollect having seen Carsdale for the past month. While it was true that school was over for the year, it was still somewhat unusual not to see Carsdale around town.

As the last day of the month arrived, everyone waited in anticipation for the closure of the contest. King Rupert declared that all entries had to be submitted no later than 11:00 a.m. As the clock ticked away and the hour came closer, it seemed certain that all entries had been received. Then at 10:55 a.m., just as the contest was about to close, Simon Carsdale came running into the palace court with his entry. A round table meeting was immediately convened.

Five hours later, the king emerged from his palace, weary eyed and carrying a piece of paper. "After much discussion," he began, "we have decided to accept the suggestion put forth by Simon Carsdale." The crowd hummed and hawed and then waited to hear what proposal was worthy of two bags of gold.

The king continued. "Mr. Carsdale has recently returned from a land known as Wakanda. In this land of Wakanda, a piece of land, called a "camp", of approximately four hundred acres has been set aside for the use of making people happy. We have therefore decided to turn Sir Parkdale's acre of land into a camp."

The crowds cheered, and Simon Carsdale was hailed as a jolly good fellow.

As the months passed in Dolittle, Dolittlers began doing things. Everyone in the town contributed what little they owned to help finance Camp Parkdale. Parkdale's animals were sold to finance the purchase of a few tents and a couple of wooden boats. The dragon was kept to use for training knights (who of course had to know how to fend off dragons). A number of huts were built and different towns folk agreed to come and teach their particular profession.

While Camp Parkdale had very few facilities, Dolittlers were still able to find lots to do. Because most Dolittlers had never had anything to occupy their time before, Camp Parkdale seemed like the greatest place in the world. Here they could share the two boats, the dragon and use what limited stuff they had to have a good time. Dolittle was therefore no longer a boring place to live.

Late in the year, King Rupert was asked to go to Wakanda on business. Here he had a chance to visit Camp Wakanda. Wakanda was a lot different from Parkdale. Wakanda had seven boats, six pet dragons and lots of neat things that Rupert had never even heard of. King Rupert was impressed and he wished that he could have half of what Wakanda had. But as King Rupert walked through Camp Wakanda, he noticed a small boy sitting by himself doing nothing.

"What's wrong young man?", asked the king. "I'm bored", replied the boy. "I've come to Camp Wakanda for the past two years and have done everything there is to do. Now I have little to do." This puzzled the king. How could someone be bored with so many facilities? Then the king had an idea. "Young boy", said the king, "how would you like to visit Camp Parkdale?" The boy jumped up and down in excitement and shouted "Yes, please!"

When the boy finally arrived at Parkdale, he couldn't believe his eyes. Lots of people were having a good time with only one pet dragon and two wooden boats on just one acre of land. But as the boy sat in bewilderment, watching people have a good time with only a few neat things, the young boy realized that it was not the facilities that made a camp great, but the spirit of wanting to do things. The boy therefore realized how lucky he was to have so many fun things at Wakanda, and asked the king if he could return. The king also realized that he didn't need all those fancy things that Wakanda had, for his Dolittlers were now doing lots.

Semaine nationale de l'activité physique
24 mai-1 juin 1986

National Physical Activity Week
May 24-June 1, 1986

CELEBRONS LE

50e ANNIVERSAIRE DE L'ACC

UNE INVITATION À UN VOYAGE DANS LE PASSÉ

L'année de 1986, marque le cinquantième anniversaire de l'ACC. Nous vous invitons à participer aux festivités estivales.

Des camps partout au pays inscriront à leur programme l'une ou plusieurs des activités suivantes pour commémorer ce grand événement :

- voyages historiques
- reconstitution de la vie de camps à ses débuts
- cérémonies et célébrations spéciales

Chaque camp recevra un certificat mural en témoignage de sa participation et les camps qui s'inscriront à l'avance recevront des cartes pour leurs campeurs.

POUR DE PLUS AMPLES RENSEIGNEMENTS ET POUR OBTENIR LES FORMULAIRES D'INSCRIPTION, VEUILLEZ CONTACTER VOTRE ASSOCIATION PROVINCIALE.

"OUR FRAGILE WORLD – A CHALLENGE FOR THE OUTDOOR COMMUNITY"

SECOND INTERNATIONAL CAMPING CONGRESS

March 3-5, 1987 Shoreham Hotel Washington, D.C.

**Jointly Sponsored by*
the American Camping Association
the Canadian Camping Association
the Jamaica Camping and Hiking Association
the National Camping Association of Japan

Purpose

The Second International Camping Congress is an event to bring together the practitioners of the outdoor experience movement from many nations and related organizations to examine the elements of our fragile world which challenge the organized camping, environmental, and experiential education community to impact participants for future action.

CCA is planning special flight rates for Canadian delegates from Toronto to Washington and return. Accommodation will be available in Washington for Canadian Camping Members at very low rates through special arrangements with the American Camping Association. Watch for more information soon and plan to attend this Second International Camping Congress.

Glen Bernard Camp

canadian camping association
association des camps du canada

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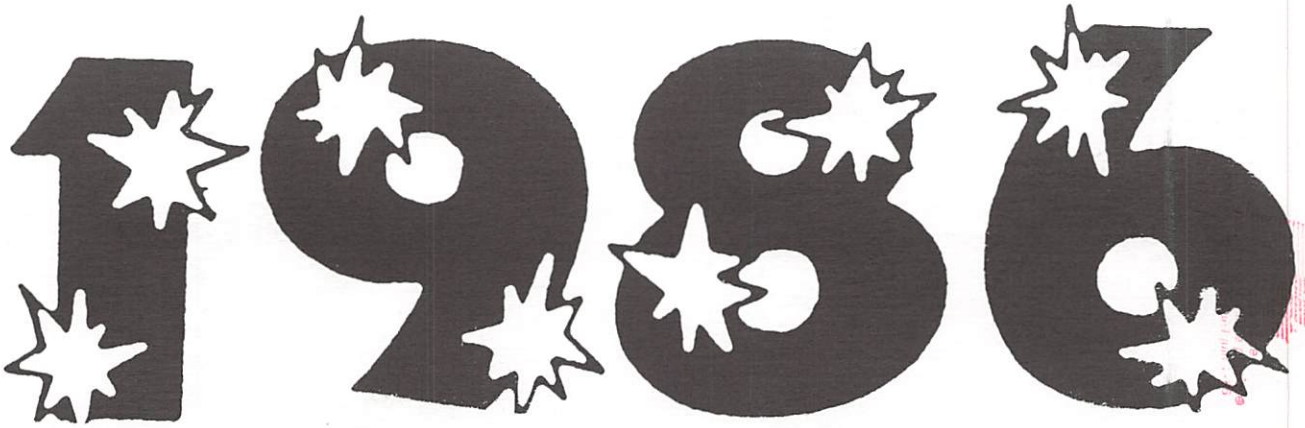

CCA'S 50TH YEAR